

## *Biography*

**John Markulis** is the recipient of the Periclean Award presented by the El Camino Real District #20 Order of AHEPA at the 72nd District #20 Convention Banquet. John is a gentleman who has gone above and beyond the call of duty to support the Greek-American Community.

An Ahepan, a member of the Assumption of the Blessed Virgin Mary Greek Orthodox Church in Long Beach, California, and a member of the PanCretans, Markulis' biggest contribution to the Greek community may be his valuable help to countless numbers of aspiring Greek-American businessmen whose success can be traced to John's advice and his willingness to work with their fledgling businesses.

John was introduced into the bakery business when he was hired by the DiCarlo Bakery. He rose through the ranks into management. He started his own business with partner and close friend, Tom Grimes, and Puritan Bakery was formed. Through hard work, innovation and a business style which inspires loyalty, Puritan Bakery became one of the most successful bakeries in California.

John and his wife, Anita, have four children, Lorraine, George, Cathy and John, and several grandchildren.

## *Biography*

**Dr. Dimitriou** is a member of South Bay Chapter #426. He has served on the AHEPA Supreme Lodge for several years in the offices of Supreme Treasurer, Secretary, and Governor. He has also served the Order as Chairman of the National Educational Foundation, and as Chairman of the National Cyprus & Hellenic Affairs Committee. His "Greek Fire" program presented to the Supreme Lodge called for major reforms, membership expansion, better communication, and a proactive leadership platform.

Dr. Dimitriou has served the Greek American Community in a variety of roles. He was on the parish council of St. Katherine's Church, the Hellenic Cultural Society, Pan Macedonian Society, Pan Icarion Brotherhood, the AHI, Axios Foundation, Save Cyprus Council and President of Marmarion Benevolent Society.

He has a Doctorate in International Studies and two Masters Degrees from the University of Southern California. One of his books, "Faces of Greece" is used by over 450,000 students nationwide. Dr. Dimitriou's current efforts in education are on re-establishing the study of Greece and Western Civilization throughout the curriculum of our Public Schools.

Dr. Dimitriou has two children, Kara and Franguli Dimitri. His parents were charter members of AHEPA and Daughters of Penelope. His grandfather had the first Greek coffee house in Los Angeles, the "Acropolis Cafe" on 4th and Los Angeles Streets.



*Long Beach Chapter  
Ahepa #342*

*and*

*Daughters of  
Penelope Minos #159*

*Hosts of the  
72<sup>nd</sup> El Camino Real  
District #20 Convention  
Grand Banquet*

*Program*

*June 20, 2003*

*Marriott Hotel  
Long Beach, California*

## *Program*

American and Greek National Anthems

Welcoming Remarks . . . . . Zachary Prineas, Toastmaster

Invocation . . . . . Father Nickolas Milatos  
Assumption Church of Long Beach

## *Dinner*

### *Introductions & Speakers*

Helen McGillivray . . . . . District Governor #20  
Daughters of Penelope

Chris Mellas . . . . . District Governor #20  
Order of AHEPA

Mary Boufis Filou . . . . . Grand Treasurer  
and District #20 Grand Liaison  
Daughters of Penelope

### **Periclean Award Presentation**

**to**

**Mr. John Markulis**

Remarks from . . . . . Dr. James Dimitriou, Supreme President  
Order of AHEPA

*(See Biographies on Back Page)*

## *Dinner Menu*

Salad

Roast Prime Rib of Beef Au Jus

Vegetables • Rolls

Dessert

Coffee (Regular and Decaf)

and Assorted Teas

### *Ahepa #342 Chapter Officers*

President . . . . . Tasos Papas

Vice-President . . . . . Nicholas G. Karidakis

Secretary . . . . . Thomas J. Soupos

Treasurer . . . . . Constantine Foutris

### *Daughters of Penelope #159 Minos Chapter Officers*

President . . . . . Catherine Vackrinou

Vice-President . . . . . Lillian Papadakis

Secretary . . . . . Catherine Prineas

Treasurer . . . . . Fonya Gillmore